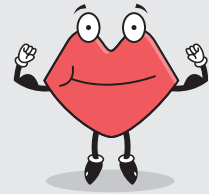




FOR STRONGER
LIPS AND TONGUE



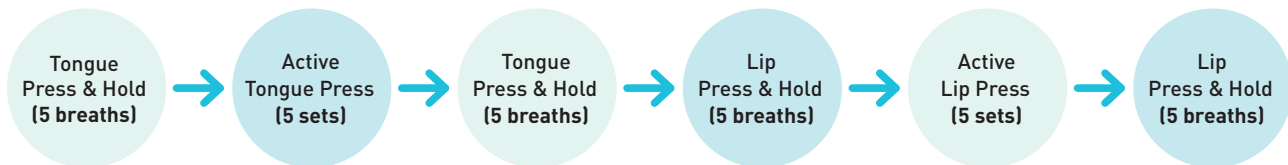
TONGUE & LIP PRESS (TLP)

The **Myotalea® TLP** was the precursor to the **TLJ** appliance and works in a similar way, minus the TMJ exercise. Practitioners who are not licensed to prescribe intraoral appliances can still use the **TLP** during various phases in their therapy to target the lip, tongue and pharyngeal muscles. The **TLP** is less effective and more difficult to use than the **TLJ**. Although the **TLJ** appliance is preferred to the **TLP**, the **TLP** can still be used as an alternative and when access to the **TLJ** is not available.



INSTRUCTIONS FOR USE

As advised by your practitioner, these exercises can be combined to form an exercise flow sequence as follows:



HEAD TILT VARIATION (ADVANCED TECHNIQUE): Repeat the steps with the head tilt posture. There should be no discomfort in head, neck or jaws during this variation.

APPLIANCE FEATURES

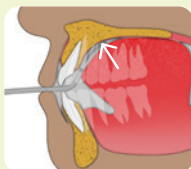
- **Press tube** strengthens the tongue and lips, allowing for improved muscle function.
- **Handle** to hold the appliance while the other end is being used.
- **Strap tether hole** can be used to attach to other devices.

APPLICATIONS

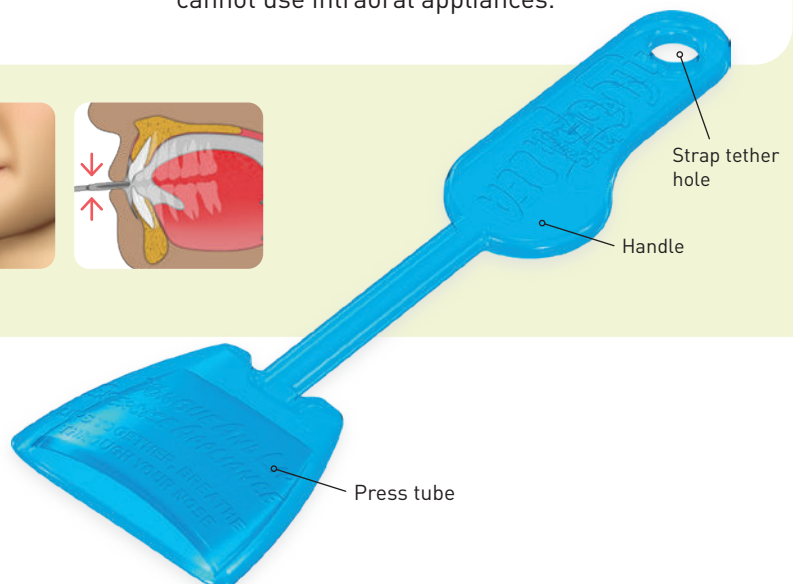
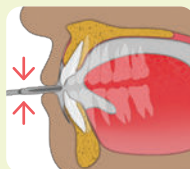
- ✓ Can be used for all the same indications as the **TLJ** except for jaw joint exercises.
- ✓ Can be used as an adjunct appliance to myofunctional therapy.
- ✓ Suitable for practitioners who cannot use intraoral appliances.



TONGUE PRESS



LIP PRESS



TWO STRENGTH LEVELS

TLP-S (SOFT VERSION)
For patients who have difficulties completing exercises with the **TLP-H**.

TLP-H (HARD VERSION)
Patients progress to the harder **TLP-H** to further increase tongue and lip strength.