



LIP SEAL TRAINER (LST)

The **Myotalea® Lip Seal Trainer** is an attachment that comes with the *Lip Trainer™* and attaches to the strap tether so that the patient can pull the *Lip Trainer™* in various directions for perioral muscle training.

It can however serve as a standalone appliance used to improve lip seal and strength. It features the lip seal spade and training board in the one appliance.

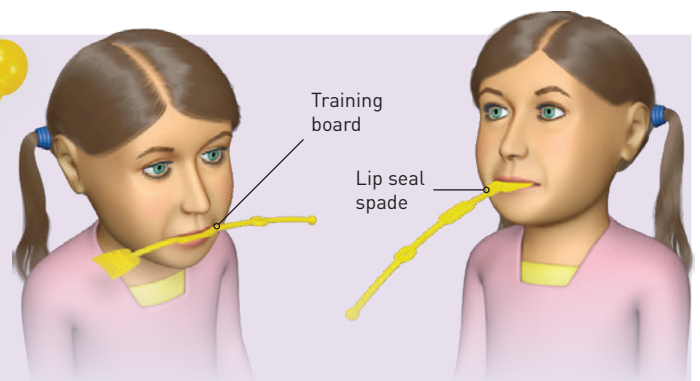
By holding either the lip seal spade or the training board between the lips, the patient trains their habitual lip posture to be sealed. It can also be used in conjunction with a *Myobrace®* or *Myosa®* appliance for added difficulty. Once a patient can easily hold the training board between their lips, they can attempt to hold the lip seal spade between their lips, which requires extra tone and strength for advanced training.

INSTRUCTIONS FOR USE

It is recommended that the *Lip Seal Trainer* is first used in combination with a *Myobrace®* appliance.

1. Place the *Lip Seal Trainer* between the lips touching the *Myobrace®* appliance, then lightly close the lips enough to hold it in place. Continue this for 10 minutes while you are wearing the *Myobrace®* appliance.
2. Remove the *Myobrace®* appliance and use the *Lip Seal Trainer* on its own for another 2 minutes. Combine with 5 minutes of *Lip Trainer™* use, twice daily, or as instructed by your practitioner.

These instructions may vary based on your individual needs as indicated by your practitioner.

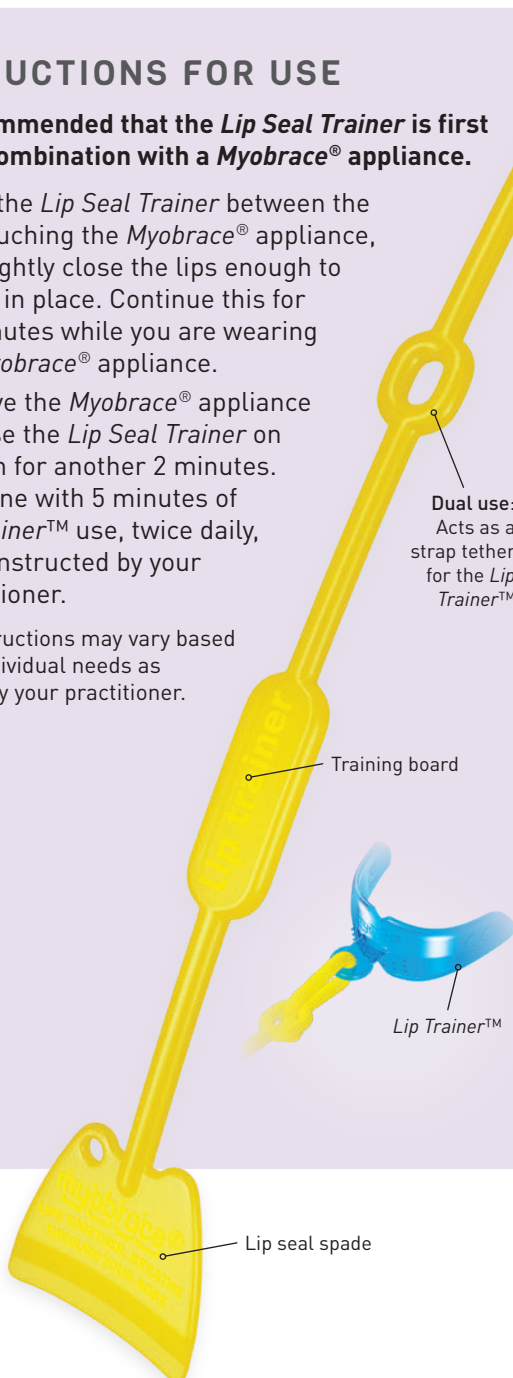


APPLIANCE FEATURES

- **Training board** is a beginner feature to train lip seal posture.
- **Lip seal spade** is an advanced feature to train lip seal posture.
- Can be combined with the *Lip Trainer™* for added lip strength and posture training.

APPLICATIONS

- ✓ Used to ensure the lips are closed while *Myobrace®* or *Myosa®* appliance is in place.
- ✓ Also suitable to train habitual lip seal posture without a *Myobrace®* or *Myosa®* appliance.
- ✓ Helps deactivate the mentalis muscle during lip seal.
- ✓ Can be used as an adjunct appliance to myofunctional therapy.



COMES WITH EVERY *LIP TRAINER™* APPLIANCE